



APPENDIX D

MH and SA Service Matrix of Public Safety and Service Intensity

MATRIX OF MENTAL HEALTH SERVICES by Level of Public Safety, External Structure Needs, and Symptomology

Commitment Act Designation of Commitment	L e a s t R e s t r i c t i v e M o s t	Level of Care	Service	Risk of Relapse	Risk of Harm to Self/Others	Need for External Professional Structure	Symptomology
OUTPATIENT Commitments (to community providers)		Non-Residential LOC Level 5	Vocational Support	Low	Low	Low (Follow along support for for client with full time job)	Mild to moderate (GAF 41-70)
		Level 5	Medication Management	Moderate to low	Low to moderate	Moderate to low (Physician med checks in addition to other srvc; or quarterly, when stable)	Mild to severe (GAF 21-70)
		Level 4	Outpatient Therapy	Low to moderate	Low to moderate	Low (Up to 10 therapy sessions over several weeks)	Mild to moderate (GAF 31-70)
		Level 3	Day Rehabilitation	Low to moderate	Low to moderate	Moderate (3-5 hours program/day; 2-5 days/week per need)	Moderate to severe (GAF 31-60) Two or more functional limitations
		Level 3	Community Support	Moderate	Moderate	Moderate (Used in combination with other non- residential srvc; intensive case management with direct skill training)	Moderate (GAF 31-60) Two or more functional limitations
		Level 2	Intensive Outpatient	Moderate	Moderate	Moderate (Minimum 10 hours group & individual therapy/week)	Moderate to severe (GAF 31-50) One or more functional limitations
		Level 1	Day Treatment	High to moderate	High to moderate	High (Requires medication mgmt; more than 6 hours of structured programming required per day)	Moderate to severe (GAF 31-50) Significant interference in one functional area
INPATIENT Commitments (to Regional Centers or hospitals contracted with Regions)		Residential LOC Transitional	Psych Residential Rehabilitation	High to moderate	Moderate	Moderate (Active rehab to acquire living skills & move to independence; 24 hour non-institutional community residential)	Moderate (GAF 31-60) (Two or more functional limitations) (Stable psychiatric condition)
		Intermediate	Intermediate Residential	High	High to moderate	High to moderate (Expectation of slower progress toward change/rehab)	High to moderate (Stable psych condition with significant cognitive deficits & two functional limitations)
		Inpatient to HHSS					
			Secure Subacute	High (psychiatrically unstable) (medically stable)	High	High (Highly secure, 24 hour supervision; seclusion/restraint available)	Severe (Psychiatrically unstable with GAF 31-41) (At least two functional limitations)
			Acute Inpatient	High (medically unstable)	High	High (Highly acute; daily treatment adjustment; highly secure w/medical)	Severe (Psychiatrically unstable) (At least two functional limitations)

Symptomology Terms

- Critical Symptom Factors** (GAF scores): Acute: 0-19; Severe: 20-30; Moderate: 31-60; Low: 61-70.
- Functional Areas**: social, vocational, educational, activities of daily living/life skills (ie, budgeting, cooking, etc), interpersonal skills, housing, legal, family/marital, employment, crisis/relapse, medication management, substance abuse, resource acquisition.

MATRIX OF SUBSTANCE ABUSE SERVICES by Level of Public Safety, External Structure Needs, and Symptomology

Commitment Act Designation of Commitment	L e a s t R e s t r i c t i v e ↑ ↓ M o s t R e s t r i c t i v e	Level of Care	Service	Risk of Relapse	Risk of Harm to Self/Others	Need for External Professional Structure	Symptomology
OUTPATIENT Commitments (to community providers)		Non Residential LOC					
		Level 4	Outpatient Therapy	Low to moderate	Low to moderate	Low (Up to 10 therapy sessions over several weeks)	Mild to moderate (GAF 31-70)
		Level 3	Community Support	Moderate	Low to moderate	Moderate (Used in combination with other non- non-residential srvc's, especially Intensive Outpatient; intensive case management with direct skill training)	Moderate (GAF 31-60) (Three or more problem areas) (Substance dependent)
		Level 2	Intensive Outpatient	Moderate to high	Low to moderate	Moderate (Minimum 10 hours group & individual therapy/week) (Combines well w/Community Support)	Moderate to high (GAF 31-50) (Unstable substance abuse problem)
		Level 1	Partial Care	High	Moderate	High to moderate (Daily non-res structure to prevent immediate relapse; more than 6 hours structured programming required/day)	Moderate to severe (GAF 31-50) (Unstable substance abuse problem) (Significant deficits in two problem areas)
		Residential LOC					
		Transitional	Halfway House	High	Moderate	Moderate (Support services, opportunity to work while in the service and build coping skills)	Moderate (GAF 41-60) (Two or more problem areas) (Stable psychiatric condition)
			Therapeutic Community	High	Moderate to high	Moderate to high (Expectation of slower progress toward change/rehab)	Moderate to Severe (GAF 31-60) (Two or more problem areas; generally w/a co-occurring personality disorder)
			Short Term Residential	High	Moderate to high	Moderate to high (21-30 day short term comprehensive service with 24 hour supervision) (Community Support effective at discharge)	Moderate to Severe (GAF 31-60) (Two or more problem areas)
		Intermediate	Intermediate Residential	High	Moderate to high	Moderate to high (Expectation of slower progress toward change/rehab; prior history of multiple treatment failures)	Moderate to High (Stable condition with significant cognitive deficits & at least two problem areas)

Symptomology Terms { Critical Symptom Factors (GAF scores): Acute: 0-19; Severe: 20-30; Moderate: 31-60; Low: 61-70.
Problem Areas: relapse prevention, interpersonal skills, life skills, housing, legal, medical, family/marital, employment, vocational; educational, toxicology, emergency/relapse, social, medication management, mental health, substance abuse, resource acquisition.

